Face care

a high school / college / general school

♦ General rules ♦

- 1. Prepare freely based on the qualification criteria for hairdresser (skin).
- 2. Manual techniques are carried out by applying only five basic operations (Effectiveness, Pertrissage, Tapotment, Friction, and Vibration) evenly

In addition to the basics (technique, proficiency, speed, strength, posture), care for the model should be considered

- 2. There is no restriction on each operation of the manual technique, but the management time is maintained within 15 minutes
- 3. Adjust the working time of each part to suit the entire time so that it is faithful to the work
- 4. Cosmetics, except for deep cleansing products, use all skin types or general-purpose products that can be used for all skin types

◆ Review Requirements ◆

- 1. Care areas range from the face to the entire decolte
- 2. The basic order is cleansing, deep cleansing, manual technique, mask, and finish
- 3. Use a deep cleansing enzyme (powder type)
- 4. Apply all five basic operations of manual techniques (Effleurage, Pertrissage, Tapotment, Friction, Vibration) and maintain within 15 minutes
- 5. Each action should be expressed so that the basic contents (technique, proficiency, speed, strength, posture) are all well displayed
- 6. The mask is used as a modeling (rubber mask)
- 7. I'll finish off with a day cream
- Management Process + Management Time + Scoring
- 1. Hygiene and preparation (Pre-examination / 20 points)
- 2. Point Makeup Cleansing and Cleansing (15 minutes / 10 points)
- 3. Deep Cleansing (Enzyme) (10 minutes / 10 points)
- 4. Manual Technique (10 minutes / 30 points)
- 5. Mask (Rubber Pack) and Finishing (15 min / 20 points)
- 6. Professional Attitude and Posture (/ 10 points)

Game time: 50 minutes